

Good Things Ahead

Ask your mom or dad or grandparent about a time when one of them felt very sad. Why was he or she so sad? How long before the sadness went away? Ask too about times they felt very happy.

Then read Psalm 30:4–5. Sadness is like the night, when everything seems dark. But God says that joy will come in the morning. There are good things ahead for all of God's people.

Live It!



Psalm 30:4–5