

## What's on Your Mind?

Read Philippians 4:8–9. What does God want us to think about?

Often it is easy for people to think bad thoughts. Many times we have bad thoughts because we've put bad things into our minds, perhaps by watching a violent TV program, playing with friends who use rough language, or listening to a certain type of music.

Now think of three ways to put good things into your mind. Show the list to your mom or dad. What do they think of it?

# Live It!



**Philippians 4:8–9**