## Count to Three First

Does your tongue ever get you into trouble? Do you say things and then feel sorry for having said them? Read James 3:1–8. James understood this problem. He said the tongue is such a small thing but that it's the most evil part of the body.

James compared the tongue to three things. With a small bit you can make a horse go where you want. With a small rudder you can steer a large ship. With a small spark you can start a forest fire.

Try this the next time you want to say something mean. Count to three silently, saying "bit, rudder, fire."
Think of how those small things control big things, and see whether you can keep your tongue from getting you into trouble!

