

Love and Actions

Read 1 John 3:16–20. How do we know God loves us? How do we as Christians show that the love of God is in us?

Play a game at the dinner table or in the car. Each person is to say “Love is . . .” and then describe a way to show love by an action. For instance, “Love is helping with the dishes.” “Love is praying with me at night.” “Love is mowing the grass of someone who is disabled.” Each person must think of something new within five seconds, or he or she is out.

Count the number of “love is” actions your family can name. Now see how many of them your family can put into practice.

Live It!



1 John 3:16–20